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# Secret Helsinki Local Guides By Local People

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**HARLEY LIVIA**

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*Cold War Counterfeit  
Spies* BoD - Books on  
Demand

Located within the Arctic Circle, Lapland spans the outermost fringes of Scandinavia and is a booming arena for

adventure holidays and sports. This guide covers places and activities in the remote outposts of Norway, Sweden and Finland, together with background information to help travellers understand Lap cultures

The Rough Guide to the Gambia Taylor & Francis  
 Why are Khanty shamans still active? What are the folklore collectives of Komi? Why are the rituals of Udmurts performed at cultural festivals? In their insightful ethnographic study Anna-Leena Siikala and Oleg Ulyashev

attempt to answer such questions by analysing the recreation of religious traditions, myths, and songs in public and private performances. Their work is based on long term fieldwork undertaken during the 1990s and 2000s in three different places, the Northern Ob region in North West Siberia and in the Komi and Udmurt Republics. It sheds light on how different traditions are favoured and transformed in multicultural Russia today. Siikala and

Ulyashev examine rituals, songs, and festivals that emphasize specificity and create feelings of belonging between members of families, kin groups, villages, ethnic groups, and nations, and interpret them from a perspective of area, state, and cultural policies. A closer look at post-Soviet Khanty, Komi and Udmurts shows that opportunities to perform ethnic culture vary significantly among Russian minorities with different histories and administrative

organisation. Within this variation the dialogue between local and administrative needs is decisive.

### **Hidden rituals and public performances**

Rick Steves

This volume seeks to advance the study of ancient magic through separate discussions of ancient terms for ambiguous or illicit ritual, the ancient texts commonly designated magical, and contexts in which the term magic may be used descriptively.

*Bosnian Genocide: The Essential Reference Guide*  
ABC-CLIO

"Sit back, relax, and enjoy the flight," our pilots still intone. But who are they kidding? Former FAA chief counsel and senior aviation policy official Mark Gerchick unravels the unseen forces and little-known facts that have reshaped our air travel experience since September 11, 2001. With wry humor and unique insight, Gerchick takes us past the jargon, technicalities, and all-is-well platitudes to expose

the new normal of air travel: from the packed planes and myriad hassles of everyday flying to the alchemy of air fares, the airlines' endless nickel-and-diming, and the elusive hope of escape from steerage. We find out what pilots do in the cockpit, what's really worth worrying about when it comes to airline safety, and why we get sick on planes. Meanwhile, Gerchick ponders the jarring disconnect between our quaint expectations of "service with a smile" and

the grim reality of cramped seats, no-free-lunch, and "watch-yer-knees." With sympathy for both fliers and airlines, Gerchick shows how the new "business-all-business" airline industry has finally learned to make money, even in the face of crushing fuel costs, and get millions of travelers where they're going every day safely and quickly. From his singular vantage point as former aviation regulator and policymaker, Gerchick gives us a straightforward insider's view of how hard

it is for government to improve the traveler's lot by explaining the vagaries of consumer protection rules as well as the political realities and the economic forces at work. While Gerchick offers reasons to hope for a better future in air travel, he presents an unvarnished look at what we can expect—good and bad—when we take to the skies. Some of it will reassure you, some will make you cringe, but all will open your eyes to what it means to fly today.

### **A Statistical Guide for the Ethically Perplexed**

Oxford University Press  
Whether you travel for business, pleasure, or a combination of the two, the ever-popular "'Culture Shock!'" series belongs in your backpack or briefcase. Get the nuts-and-bolts information you need to survive and thrive wherever you go. "'Culture Shock!'" country guides are easy-to-read, accurate, and entertaining crash courses in local customs and etiquette. "'Culture Shock!'" practical guides

offer the inside information you need whether you're a student, a parent, a globetrotter, or a working traveler. "Culture Shock!" at your Door guides equip you for daily life in some of the world's mo. [Lonely Planet Finland](#) SAL, Helsinki Univ. of Technology Nigel Wallis leads you through all the best activities; unwind in the summer with the many parks, gardens and terrace cafés or try a spot of ice-swimming, cross-country skiing or beach

hopping around the archipelago. Whenever you go, you will not fail to be captivated by Helsinki, with this guide being the perfect companion. *Insider Travel Secrets* Rick Steves This book is the most comprehensive and up-to-date source of information about ways in which consumer activism has reshaped the economic and political well-being of citizens in the United States and around the world. This all-encompassing collection of information about

consumer activism and the consumer movement will provide students, public officials, business groups, and other activists with a one-stop source of facts and insights. The contributors explore hundreds of major consumer protections that have significantly enhanced the quality of life and safety for all Americans, showing how these protections were won through the skillful and determined work of leading activists and activist organizations. Many of the stories told

here are related by the activists themselves, often for the first time. More than 140 entries offer a comprehensive treatment of the consumer activism of specific organizations, their leaders, and strategies. The book also includes more than 40 entries about consumer movements in Europe, Asia, Africa, and Latin America. A timeline of key events and a listing of the most important books on the subject of consumer activism help provide context for the individual

entries as do two introductory essays. Cross references in each entry establish linkages among topics. • Provides the single most comprehensive source available of information about consumer activism and advocacy • Shows how activism has influenced laws and regulations affecting more than 40 consumer issues • Shares personal accounts from activists about their work on these issues • Details information on U.S. national consumer

organizations and many state and local consumer groups, including their goals, strategies, leaders, finances, and impact • Offers insights into the ways consumer activist groups have interacted with other nonprofits, policymakers, regulators, and business groups  
**Rick Steves' Northern European Cruise Ports**  
 W. W. Norton & Company  
 Intended for students and general readers alike, this encyclopedia covers the history of human medical experimentation, for better and worse, from

the time of Hippocrates to the present. • Offers readers a broad understanding of human experimentation • Reviews experimentation from the point of view of the history of medicine • Covers issues of vulnerable, exploited populations and unethical experimentation • Features introductory and time-period overview essays that add necessary contextual information and primary source documents that support AP and Common Core objectives • Includes

specialized bibliographies that serve as a gateway to further study [Guide to the Study of Ancient Magic](#) Bradt Travel Guides Folklore, People and Place is a contribution towards better understanding the complex interconnectivity of folklore, people and place, across a range of different cultural and geographical contexts. The book showcases a range of international case studies from different cultural and ecological contexts showing how folklore can

and does mediate human relationships with people and place. Folklore has traditionally been connected to place, telling tales of the land and the real and imaginary beings that inhabit storied places. These storytelling traditions and practices have endured in a contemporary world, yet the role and value of folklore to people and places has changed. The book explores a broad range of international perspectives and considers how the relationship between

folklore, people, and place has evolved for tourists and indigenous communities. It will showcase a range of international case studies from different cultural and ecological contexts showing how folklore can and does mediate human relationships with people and place. By exploring folklore in the context of tourism, this book engages in a critical discussion of the opportunities and challenges of using storied places in destination development.

The case studies in the book provide an international perspective on the contemporary value of folklore to people and places engendering reflection on the role of folklore in sustainable tourism strategies. This book will be of interest to students, academics, researchers in fields such as anthropology, folklore, tourism, religious studies, human geography and related disciplines. It will also be of interest to scholars and practitioners of traditional ecological knowledge.

Systems Intelligence - Discovering a Hidden Competence in Human Action and Organizational Life Nordic Council of Ministers

The Rough Guide to The Gambia is the most comprehensive guide to Africa's most accessible country. This second edition, the result of detailed on-the-ground research, reports on exciting new developments including beautiful eco-retreats and imaginative wildlife conservation projects where visitors can see



birds, monkeys and chimps at close range. Detailed maps and plans are complemented by expert and upbeat guidance on the beaches, villages and music, the mangrove creeks and the River Gambia itself. There are first-hand reviews of all the best accommodation, restaurant and bar options in the country, both on and off the beaten track, for everyone from shoestring travellers to luxury tourists. The guide is also full of trademark candid

insights into Gambian history, politics, music, language and culture.

**Human Medical Experimentation: From Smallpox Vaccines to Secret Government Programs** Lonely Planet Lonely Planet: The world's leading travel guide publisher Lonely Planet Pocket Helsinki is your passport to the most relevant, up-to-date advice on what to see and skip, and what hidden discoveries await you. Explore the World-Heritage listed Suomenlinna, admire the

artwork at the inspiring Ateneum, or discover history at the island-set Seurasaaren Ulkomuseo; all with your trusted travel companion. Get to the heart of the best of Helsinki and begin your journey now! Inside Lonely Planet Pocket Helsinki: Full-colour maps and images throughout Highlights and itineraries help you tailor your trip to your personal needs and interests Insider tips to save time and money and get around like a local, avoiding crowds and trouble spots Essential

info at your fingertips - hours of operation, phone numbers, websites, transit tips, prices Honest reviews for all budgets - eating, sleeping, sight-seeing, going out, shopping, hidden gems that most guidebooks miss User-friendly layout with helpful icons, and organised by neighbourhood to help you pick the best spots to spend your time Covers City Centre, Kruununuhaka & Katajanokka, Punavuori & Ullanlinna, Kamppi & Toolo, Kallio and more eBook Features: (Best

viewed on tablet devices and smartphones) Downloadable PDF and offline maps prevent roaming and data charges Effortlessly navigate and jump between maps and reviews Add notes to personalise your guidebook experience Seamlessly flip between pages Bookmarks and speedy search capabilities get you to key pages in a flash Embedded links to recommendations' websites Zoom-in maps and images Inbuilt dictionary for quick referencing The Perfect

Choice: Lonely Planet Pocket Helsinki, a colorful, easy-to-use, and handy guide that literally fits in your pocket, provides on-the-go assistance for those seeking only the can't-miss experiences to maximize a quick trip experience. About Lonely Planet: Lonely Planet is a leading travel media company and the world's number one travel guidebook brand, providing both inspiring and trustworthy information for every kind of traveller since 1973. Over the past four

decades, we've printed over 145 million guidebooks and grown a dedicated, passionate global community of travellers. You'll also find our content online, on mobile, video and in 14 languages, 12 international magazines, armchair and lifestyle books, ebooks, and more. Important Notice: The digital edition of this book may not contain all of the images found in the physical edition.

*Soul of Lisbon* Rough Guides UK  
The Rough Guide to

Finland is the essential companion to this fascinating Scandinavian country with clear maps and coverage of all the best attractions. Packed with stunning photography and illustrations, explore the must-see highlights from the best summer and winter activities - including skiing, snowmobiling and reindeer and husky driving - to the remote villages that come to life in the summertime, with beaches, lake cruises and island hopping. Find

detailed accounts of all Finland's major tourist attractions, including the cultural capitals of Helsinki, Turku and Tampere and the laconic seaside towns along Finland's southern and western coast, as well as sections on Finnish design and The great outdoors. You'll find informed, practical advice on what to see and do whilst relying on countless recommendations for Finland's best restaurants, bars, cafés, shops and hotels for every budget and style. With

authoritative background on Finland's intricate history and expert tips on how to get around the beautiful national parks, this is your must-have guide. Make the most of your holiday with *The Rough Guide to Finland. Guide to Nordic Bibliography* Lulu.com With city sophistication and small-town charm, Wisconsin offers much more than cheese! From Milwaukee's ethnic festivals to Green Bay Packers games to spectacular scenic drives through Chequamegon-

Nicolet National Forest; from the boisterous water parks of the Dells to the tranquil beauty of cranberry marshes in autumn, author Mollie Boutell-Butler introduces you to a friendly and interesting state with an abundance of traditions and attractions. No other guidebook on Wisconsin is as comprehensive, none as passionate about all the riches nestled between Lakes Michigan and Superior. In these pages you'll find detailed information on lodging and dining

options—including where to find native dishes like kringle and booyah—in places where tourists congregate and places where they don't; you'll go up the coastline to the lighthouses, cherry orchards, and antiques markets of Door County; stroll through the offbeat shops and restaurants of Madison; and head inland, where over 1,200 miles of bicycle paths weave among 15,000 glacial lakes. There's a greater variety of amusements in the Badger State than you ever imagined. Helpful

icons make it easy to locate places of extra value, gay-friendly establishments, wi-fi hotspots, family-friendly activities, and lodgings that welcome pets. Regional and city maps cover everything from Green Bay to the expansive forests and Native American reservations of the Northwoods. An alphabetical What's Where section provides essential facts and figures and simplifies trip planning and getting around. All the

information you need to have a great time in Wisconsin is right here! **Full Upright and Locked Position: The Insider's Guide to Air Travel** Routledge  
The Cold War, with its air of mutual fear and distrust and the shadowy world of spies and secret agents, gave publishers the chance to produce countless stories of espionage, treachery and deception. What Nigel West has discovered is that the most egregious deceptions were in fact the stories themselves. In

this remarkable investigation into the claims of many who portrayed themselves as key players in clandestine operations, the author has exposed a catalogue of misrepresentations and falsehoods. Did Greville Wynne really exfiltrate a GRU defector from Odessa? Was the frogman Buster Crabb abducted during a mission in Portsmouth Harbour? Did the KGB run a close-guarded training facility, as described by J. Bernard Hutton in *School for Spies*, which was modelled on a

typical town in the American mid-west, so agents could be acclimatised to a non-Soviet environment? With the help of witnesses with first-hand experience, and recently declassified documents, Nigel West answers these and other fascinating questions from a time when secrecy and suspicion allowed the truth to be concealed. [Cold War: The Essential Reference Guide](#) Frontline Books  
Reviews over 10,000 films, and includes star, director, and theme

indexes.  
[The Municipal Journal, Public Works Engineer and Contractors' Guide](#)  
Course Technology Ptr  
Guide to Linux Networking and Security is a hands-on, practical guide that can be used to master Linux networking and security, in preparation for the Linux certification exams from SAIR/GNU and LPI. This book begins by introducing networking technologies and protocols, then moves into configuring a Linux network using a variety of command line and

graphical utilities. Specific protocols and applications are covered in the networking chapters, including the r-utilities, NFS, Samba, and FTP, plus business-critical services such as e-mail, Web, and DNS. The second half of this book includes a discussion of security in the context of protecting business assets and user privacy, with emphasis on system administrator ethics. Cryptography and encrypted protocols lay a foundation for discussion of specific Linux security

tools, including PAM, sudo, and GPG. User, file, and network security are covered. The network security discussion includes firewalls, VPNs, and utilities such as nmap, ethereal, and the SAINT profiling tool.

Throughout, the book provides examples of sample commands and output, plus screen shots of related graphical utilities.

*Guide to Linux Networking and Security* Council of Europe

In this guide, Rick Steves focuses on some of the

grandest sights in Northern Europe. As always, he has a plan to help you have a meaningful cultural experience while you're there—even with just a few hours in port. Inside you'll find one-day itineraries for sightseeing at or near the major Northern Europe ports of call, including: Southampton and Dover (London) Le Havre (Paris and Normandy) Zeebrugge (Bruges and Brussels) Amsterdam Oslo Copenhagen Warnemünde/Rostock

(Berlin) Stockholm Helsinki Tallinn St. Petersburg Rick Steves' Northern Europe Cruise Ports explains how to get into town from the cruise terminal, shares sightseeing tips, and includes self-guided walks and tours. You'll learn which destinations are best for an excursion—and which you can confidently visit on your own. You'll also get tips on booking a cruise, plus hints for saving time and money on the ship and in port. You can count on Rick Steves to tell you

what you really need to know when cruising through Northern Europe.

*Lonely Planet Pocket Amsterdam* Marshall Cavendish

You can count on Rick Steves to tell you what you really need to know when traveling in St. Petersburg, Helsinki, and Tallinn. In this compact guide, Rick Steves covers the essential spots of each city, including the Hermitage, the Church of the Spilled Blood, Linnanmäki (a classic amusement park), and Toompea Castle. Take a

day trip to the Peterhof, stroll through Kaivopuisto Park, or visit the Kumu Art Museum. You'll get Rick's firsthand advice on the best sights, eating, sleeping, and nightlife, and the maps and self-guided tours will ensure you make the most of your experience. More than just reviews and directions, a Rick Steves Snapshot guide is a tour guide in your pocket. Rick Steves Snapshot guides consist of excerpted chapters from Rick Steves European country guidebooks. Snapshot

guides are a great choice for travelers visiting a specific city or region, rather than multiple European destinations. These slim guides offer all of Rick's up-to-date advice on what sights are worth your time and money. They include good-value hotel and restaurant recommendations, with no introductory information (such as overall trip planning, when to go, and travel practicalities). *TLA Video & DVD Guide 2004* Macmillan For disciplines concerned



with human well-being, such as medicine, psychology, and law, statistics must be used in accordance with standards for ethical practice. A Statistical Guide for the Ethically Perplexed illustrates the proper use of probabilistic and statistical reasoning in the behavioral, social, and biomedical sciences. Designed to be consulted when learning formal statistical techniques, the text describes common instances of both correct and false statistical and probabilistic reasoning.

Lauded for their contributions to statistics, psychology, and psychometrics, the authors make statistical methods relevant to readers' day-to-day lives by including real historical situations that demonstrate the role of statistics in reasoning and decision making. The historical vignettes encompass the English case of Sally Clark, breast cancer screening, risk and gambling, the Federal Rules of Evidence, "high-stakes" testing, regulatory issues in medicine,

difficulties with observational studies, ethics in human experiments, health statistics, and much more. In addition to these topics, seven U.S. Supreme Court decisions reflect the influence of statistical and psychometric reasoning and interpretation/misinterpretation. Exploring the intersection of ethics and statistics, this comprehensive guide assists readers in becoming critical and ethical consumers and producers of statistical

reasoning and analyses. It will help them reason correctly and use statistics in an ethical manner.

Finland Country Study

Guide Volume 1 Strategic

Information and

Developments

Suomalaisen

Kirjallisuuden Seura

Written by award-winning journalist and television presenter Alistair Weaver, and illustrated by some of the world's leading automotive photographers, *A Drive on the Wild Side*, takes you on a fascinating journey

across some of the world's most challenging roads. This book tells the fascinating, hair raising and moving stories experienced during a career-spanning automotive adventure in style, with 400 stunning photos.